



# FOOTBALL

With Rumi Education Centre From 25th July until 31st Aug Every Monday & Wednesday, 1pm - 2:30 at Bury College - Play.football pitches. Just turn up

# YOUTH HIKES

With The Sunnywood Project 4 days of hiking 1st Aug - 4th Aug or 8th - 11th Aug 9am - 2pm. To book on visit www.thesunnywoodproject.co.uk

# BOXING

With Bury Defence Academy From 27th July until 31st Aug Every Wednesday,

only Boys 2:30-3:30, only Girls 3:45-4:45
To register; http://tinyurl.com/465eph6b

SCAN ME

### SPRUCE

With The Sunnywood Project.
3 day forest school
15th - 17th Aug or 22nd - 24th Aug
9:30 - 2pm each day. To book on visit
www.thesunnywoodproject.co.uk

# TRiPS

Must be referred by your social worker, Different activities for 5 weeks -

Bowling, Lazar quest, gaming, climbing, Ninja course. Ask your social worker to contact the YOUTH SERVICE to book on

## Mindfulness

With the Youth Service. Every Thursday from 28th July, 5 weeks of yoga, reiki, meditation & self care. Contact Andrea a.hulton@bury.gov.uk for more info At The New Kershaw Centre, BL97PZ

## YOUTH CLUBS

The Green Café (13 Clarence park Every Wednesday 5:30 - 7:30 just drop in The Millgate Drop in
Every Wednesday
3pm - 5:30 in The Millgate at
the PING PONG PARLOUR
Just drop in

FROGS - LGBTQ+ group in partnership with the PROUD TRUST At the MET, BL90BW. Tuesdays 5:30 - 7:30 Just drop in

Contact the Youth Service for more information on all the activities available - youthservice@bury.gov.uk

