



EXPLORE

➤ 22nd February - 16th March

➤ Manchester centre, Ancoats

If you identify as female, are aged 16 - 25 and are currently out of work, education or training, this is the course for you.

Here at the Prince's Trust we celebrate, support and empower all young people to be their authentic self. This program is designed for anybody who identifies as female to help you develop confidence and skills in a safe and inclusive environment .

WHAT WILL THE COURSE INVOLVE?

Explore is a great opportunity to meet new people and gain valuable life skills while taking part in fun and engaging activities. You will:

- Take part in activities including outdoor learning, sports, arts and independent living skills
- Have the opportunity to gain a Prince's Trust Qualification in Employability
- Work on key skills such as team work, confidence and communication
- Learn in a fun and supportive environment with activities tailored towards your needs
- Have access to three months of progression support to help you make your next steps

This programme will run every Tuesday and Wednesday at The Prince's Trust Manchester centre.

Attendance on the course will not affect any benefits you may be receiving. Any travel costs will be reimbursed and lunch and refreshments will be provided.

SIGN UP OR FIND OUT MORE

Visit our [Explore EventBrite page](#) to register your interest or contact Francesca Hatfield: francesca.hatfield@princes-trust.org.uk or 07484077632.



Prince's Trust

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