

# CREATIVE LIVING CENTRE NEWSLETTER JANUARY 2025



## NEWSLETTER INTRODUCTION: TOM - TAKE PART COORDINATOR

As we welcome in a new year, all the staff and volunteers at CLC want to say a HUGE thank you to all the members for participating in our festive events, crafting crackers, cards, table decorations and loads more for the winter festival. We also would like to say thank you for all your cards and gifts for the team (we definitely need the sugar!)

So, what will January bring? We have new digital skills workshops and courses starting, 3 one-off workshops on Mondays, breathworks and relaxation sessions with Susan and much more planned as we move through Winter into Spring. We will also be welcoming some new volunteers who start their training in January. We have lots of exciting projects in the pipeline for 2025 and we are looking forward to working with all our members and valued partners to offer a truly holistic, person-centred service! Happy New Year! - Tom

## WINTER FESTIVAL- FRIDAY 20TH DECEMBER

Our annual Winter Festival took place in December. We had a wonderful time playing charades, play your cards right and loads of prizes were handed out for both our tombola and raffle. Huge thanks to all the local businesses and organisations who donated prizes! Winning tickets are listed below. Cody and Lorna cooked up a storm in the kitchen and Anne kept us all organised! We better get planning next year now!



Winter Festival 2024!

RAFFLE PRIZES	
£50 Panama Hatty's Voucher	- 163
£50 Tesco Voucher	- 263
Meal for 2 at Maccas	- 278
£40 Voucher for the Crooked Man	- 156
Meal for 2 with wine at Cromas	- 313
Kettle and Toaster Set	- 194
Small car Service Voucher - £150 value voucher	- 15
£25 Krave Coffee Breakfast Voucher	- 162
£10 Voucher for Village Greens	- 303
M&S Hamper	- 56
Large wellbeing Hamper	- 202
Craft & Stationary Hamper	- 205
Small pamper hamper	- 213
Manchester City shirt	- 24
The Big Fandango Bunny!	- 222
£20 Voucher for Greggs	- 291
Crochet gift Sets	- 26
Chocolate Bouquet	- 304
£10 KFC voucher	- 173
£10 Farmfoods voucher	- 87
Pet bed and accessories from Woodpeckers	171
Jigsaw and large Candle from Percivals	293
Outdoor Candle Set	84



# HAPPY NEW YEAR TO ALL! BE KIND TO YOURSELVES AND REMEMBER YOU'RE NOT ALONE

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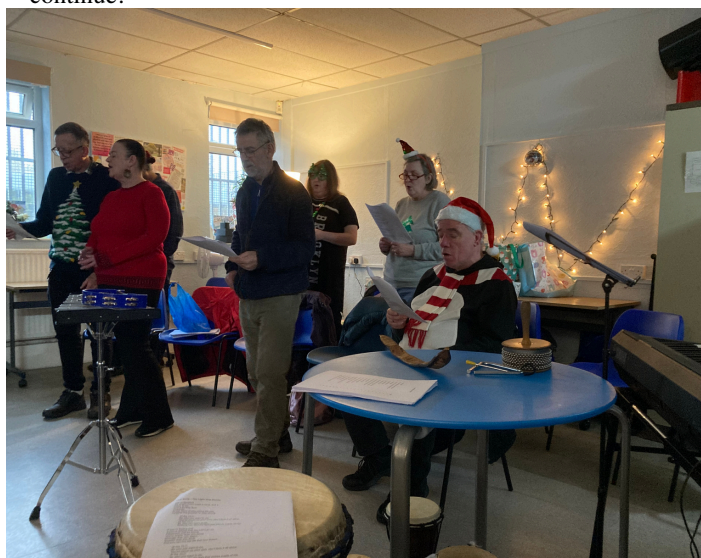


## DECEMBER EVENTS

We held our Festive Sing-a-Long event, hosted by our wonderful Music Therapist, Joe from Nordoff & Robbins. Members were joined by staff and volunteers for a set of festive classics, including 'rockin' around the Christmas tree', 'last Christmas' and many more! It was a lovely morning followed by hot chocolate and mince pies in the sunshine café. Thanks to all who took part

Shelley and Susan have been very busy alongside our members creating festive cards, wreathes, crackers (pictured below) and much much more. Getting creative is a huge part of what we do at CLC and it has been abundant over the past few weeks. Shout out also to our amazing volunteer team who have been supporting these sessions.

Tesco Prestwich kindly donated a whopping £200 to support us with our festive activities including the Winter Festival. Karen the community champion has also been supporting us over the past few months with cereal donations and much more, The support of our local community means a lot. Long may it continue!



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**NEXT MEMBERS FORUM - THURSDAY 30TH JANUARY 2025 12-1 PEACE ROOM**



## WHAT'S HAPPENING?

### January Workshops

Monday 13th 3pm - 5pm - Motivate Me

Monday 20th 3pm - 5pm - Self Care

Monday 27th 3pm - 5pm - Stop the Bully in your Head

Please book at reception

### Bike & Trike Group

This group will take a short winter break and will return in February! If you are interested in taking part speak to a member of staff or one of our bike & trike volunteers - Martin & Evan.

### Creative Craft Sessions

This group will also take a short winter break and will return in the Spring. We will be running a new mosaic project in January details below!

## UPCOMING EVENTS AND STAFFING UPDATE

Creative Living Centre  
**AGM**  
Thursday  
23rd January 2025  
2pm - 4pm  
**OPEN TO THE PUBLIC**  
Creative Living Centre  
1A Rectory Lane  
Prestwich  
M25 1BP  
Everyone is invited to attend the meeting

### New Cleaner!

Adanna-Lei has started as our cleaner at CLC! We are so glad to have her on board after a few weeks of all pitching in to keep the place tidy (ish!). Adanna has strong local connections to the Prestwich community and is excited to be part of the team. Please give her a warm welcome!



### New Mosaic Project Sessions!

**PLEASE NOTE THE WRONG DAY WAS LISTED IN LAST MONTHS NEWSLETTER - THE CORRECT DATE IS THURSDAY 23RD JANUARY TWO PM UNTIL FOUR PM**

**The AGM is open to all, members, staff, volunteers, partners, local community etc!**

**We look forward to seeing you there.**

We are excited to announce a 6-week mosaic project, this will be led by local artist Caroline and our volunteers. It will take place from Tuesday 14th January between 2.30pm - 4.30pm. This will include supporting the design and build of a CLC themed panel to be attached to the front of the building above our lovely planter!

Please register your interest with reception, the sessions will be £3

**DIGITAL SKILLS TRAINING**  
The Creative Living Centre is working with Bury Adult Learning Service to help you improve your digital skills  
• **NHS App taster** - 16/01/2025 - 9.30am - 12.30pm  
Learners need to bring their own digital device (tablet or smart phone)  
• **Beginners Digital Skills** - 23/01/2025 to 27/02/2025  
On Thursdays for 6 weeks (10.00am - 12.00pm)  
you can bring your own digital device or can use ours  
BOOK YOUR PLACE WITH ANNE AT THE CLC RECEPTION  
FREE FOR MEMBERS OF THE CLC

Lets get digital in the New Year!

The Creative Living Centre are working with Bury Adult Learning Service to help people improve their digital skills. In January 2025, we have 2 courses planned.

16th January, we have a workshop on the NHS App, the tutor will help you set this up on your smart phone or device and show you how to use it (max 13 spaces)

Starting on the 23rd January, we have a 6 week course for 2 hours a week on beginners digital skills. This will cover how to use your device, how to navigate the internet, how to shop online safely and how to connect through email and share photos (max 10 spaces)

These sessions must be booked in advance so please book your free place with Anne at the CLC reception.