





Latest Covid-19 advice for the borough of Bury – 2 July, 2021

More walk-in vaccination centres, pop in and get your jab

There are now walk-in vaccination clinics nearly every day of the week in the borough.

This coming week an additional clinic is planned at St Gabriel's Medical Centre, Prestwich, for Sunday.

The Elizabethan Suite, Ramsbottom Civic Hall and Fairfield General Hospital are all running regular walk-in clinics, as well as appointments.

Bury is also urging everyone eligible for their second vaccination to make sure they get it when it is due. The second jab is also available at walk-in clinics, or by appointment.

The current list of clinics is at www.bury.gov.uk/coronavirus-vaccine. The coming week's walk-in clinics are:

Friday 2 July

Ramsbottom Civic Hall, Market Street. 8.30am to 6.30pm. Pfizer first dose and second dose.

Saturday 3 July

Ramsbottom Civic Hall, Market Street. 8.30am to 6.30pm. AstraZeneca second dose.

Sunday 4 July

Ramsbottom Civic Hall, Market Street. 8.30am to 6.30pm. Pfizer first dose and second dose.

St Gabriel's Medical Centre, 4 Bishops Road, Prestwich. 10am to 6pm. Pfizer first dose and second dose.









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Thursday 8 July

Elizabethan Suite, Knowsley Street, Bury. 8.30am to 1pm. AstraZeneca second dose.

Friday 9 July

Ramsbottom Civic Hall, Market Street. 8.30am to 6.30pm. Pfizer first dose and second dose.

Saturday 10 July

Elizabethan Suite, Knowsley Street, Bury. 8.30am to 6pm. Pfizer first dose and second dose.

Saturday 10 July

Ramsbottom Civic Hall, Market Street. 8.30am to 6.30pm. Pfizer first dose and second dose.

Sunday 11 July

Elizabethan Suite, Knowsley Street, Bury. 8.30am to 1pm. Pfizer first dose and second dose.

Sunday 11 July

Ramsbottom Civic Hall, Market Street. 8.30am to 6.30pm. AstraZeneca second dose.

Walk-in vaccinations are also available at Fairfield Hospital.

Where: Fairfield General Hospital (Education Centre), Rochdale Old Road, Bury, BL9 7TD.

When: 8.30am to 5.30pm, Monday, Tuesday, Wednesday, Friday, and 1pm to 8pm Thursday

Extra opening times in July for Pfizer first and second doses: Thursday 8 July (1pm to 8pm).

Please note:

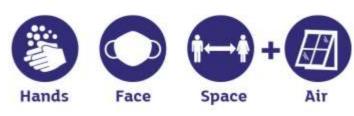
AstraZeneca second doses are offered on Mondays only until 19 July.

Pfizer first and second doses are offered Tuesday to Friday (for anyone aged 18 and over).

Appointments at the Fairfield clinic can be booked via https://srft.nhsbookings.com/v2/#book/location/9/category/7/count/1/provider/any/ and select the community patient buttons to book. Alternatively, call 0161 778 2104. There is limited free vaccination hub parking available opposite the Education Centre entrance.

You can also book an appointment at one of our local clinics at www.covid.nhsbookings.com/gmpcn.

Or use the NHS National Booking Service <a href="http://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccineton/coronavirus-vac



Covid-19 infection rises more slowly

The number of new cases of COVID-19 in Bury has increased slightly.

The weekly rate of new cases on 26 June was 361.8 per 100,000 people.

There are signs that the number of new cases has stabilised among working age adults, although at a relatively high level.

The numbers of cases in people aged 60 and over remain low. Increases continue to be driven by the dominant delta variant, as well as relaxation of social distancing restrictions.

We continue to see clusters of cases linked to educational settings and workplaces, and contact tracing data shows that household transmission and household visitors are also a major cause of COVID-19 infections.

The number of cases linked to care homes is low. Hospitalisations and deaths remain low, although the number of people in local hospitals with COVID-19 increased in the last week.

We ask that everyone stays vigilant and does their bit to help us curb the infection rate:

- Continue to meet friends and family outside wherever possible.
- Stick to the really important basics of hands, face, space + keep air circulating when indoors.
- Get tested and isolate immediately if you need to.
- Get your first and second vaccinations when invited.

Test

Bury has plenty of Covid-19 test options for people with and without symptoms – see below, and take a look at http://www.bury.gov.uk/coronavirus-testing. When using a rapid test it's really important to register the result regardless of whether it is positive or negative. You can do this at www.gov.uk/report-covid19-result

Isolate

If you develop Covid symptoms, test positive for coronavirus or are a contact of someone who has Covid, please stay at home and do not go out under any circumstances. There is support available from our Community Hubs – see below.

Vaccinate

Take the vaccine when offered, and make sure you get your second dose when it's time – bury.gov.uk/coronavirus-vaccine

Together we can stop coronavirus. Let's do it for each other. Let's do it for Bury.









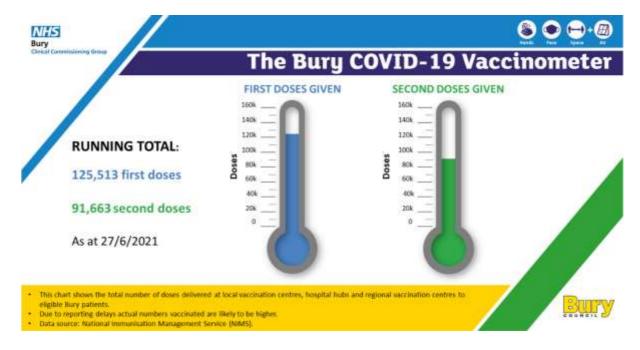
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7-day case figures:

Week ending 26 June: infection rate per 100,000 - 361.8 (691 new cases). Week ending 19 June: infection rate per 100,000 - 344.5 (658 new cases). Week ending 12 June: infection rate per 100,000 - 274.9 (525 new cases). Week ending 5 June: infection rate per 100,000 - 207.3 (396 new cases).

Total vaccinations now up to 217,000

A total of 125,513 people registered with a Bury GP have now had their first Covid jab and 91,663 residents have received their second dose – bringing the total number up to 217,176.



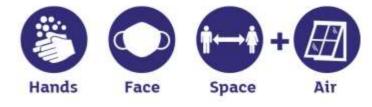
Residents are being urged to keep up the fight against Covid-19 given that the infection rate is still climbing in Bury.

And everyone is being reminded that they must get their second jab if they are to be fully protected against the virus.

Rapid testing for everyone

In Bury we are supporting the Government's request to try and stop case numbers rising further, through everyone without symptoms getting regularly tested for coronavirus.

An estimated 1 in 3 people who have the virus don't know that they do, so they could unknowingly be passing it on to their loved ones or work colleagues.



Regular rapid testing, twice a week, helps to pick up cases that might otherwise not have been discovered. With this knowledge we can break the chain of transmission, helping us to protect people around us and safely get back to the things we enjoy and a more normal way of life.

The rapid test, known as a lateral flow test, takes approximately five minutes to complete and the result is available in around an hour if you are having an assisted test, or 30 minutes if you are taking the test yourself at home.

There are two main ways you can arrange a rapid test:

1. Assisted testing at a test centre

You can book an assisted rapid test at our testing centre. Our team will explain what to do and will process your result which will be sent to you by email or text message in around an hour.

You can <u>book an assisted rapid test online</u>, to be carried out at Waterfold Business Park, Bury BL9 7BR.

2. Home testing with a self-test kit

You can also take the test yourself at home by following the instructions included with the self-test kit. You can collect a supply of self-test kits from a local testing site at certain times, from participating community pharmacies, or order kits to be sent to your home.

Registering your result

If you self-test at home you will need to register your result online or by phoning 119 within 24 hours of taking your test.

If you have a positive result

Anyone who has a positive test result should self-isolate and will be required to take a follow-up PCR test within two days to confirm the result, even if they don't have symptoms. This is also important to help track any variants of concern.

Even if you have a negative result, it's still vital to continue to follow the guidance around hands, face, space and air to avoid catching coronavirus.

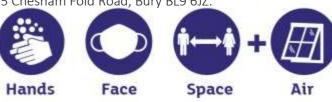
Find out everything you need to know, book a test or request/arrange to pick up testing kits to use at home on our <u>testing information page</u>.

If you have Covid-19 symptoms, here's how to get tested

If you have any of the three most common symptoms of coronavirus - a high temperature, a new continuous cough, or a loss or change to your sense of smell or taste - we urge you to get tested to protect yourself and the people around you. Please get tested within the first 3 to 5 days of symptoms.

A range of testing options are available right across the borough:

No appointment needed at Bury's walk-through testing centre, open 10am - 3pm, Monday –
Friday (excluding bank holidays) at Chesham Fold, 95 Chesham Fold Road, Bury BL9 6JZ.



- By appointment 8am 1.30pm, with some locations open seven days a week, at Department for Health & Social Care testing centres located at:
 - o The former Radcliffe Pool car park, Blackburn Street, Radcliffe
 - o Whitefield Library, Pinfold Lane, Whitefield
 - o Longfield Centre car park (via Rectory Lane), Prestwich
 - o Great Eaves Road test site, Great Eaves Road, Ramsbottom
- By appointment at The Mosses Centre, Cecil Street, Bury
- Bury's drive-through testing site at Waterfold Business Park is available by appointment only.

Access the latest information about testing, how to book and availability or call 0161 253 5515.

Stop the spread - self-isolate

If you're told to self-isolate, it's important to do so immediately and for the full 10 days. You shouldn't leave home for any reason during this time (including the period of awaiting a Covid-19 test result).

Keeping yourself away from other people when you could be infectious is the most effective way of stopping coronavirus from spreading.

You're not alone if you find doing this hard. Planning ahead, even before you have been told to self-isolate, can make things easier; for example, think about how you would get necessities like food and medication in the event of the household having to self-isolate.

Bury's Community Hubs are still here for anyone who needs support because they have no one to turn to for support, including those who are self-isolating.

To access essential help, call 0161 253 5353, 9am to 5pm, Monday to Friday or text 07860 022876 (messages responded to by the next working day).

More information is on the community hubs page of our website.

Helping people through the toughest times

As the coronavirus pandemic continues, life has changed for all of us and it's natural that this may cause you to feel worried or anxious, lonely or frustrated. If you feel you need some extra support, Bury's Getting Help Line is a confidential telephone service run by the voluntary sector for people of all ages who are experiencing difficulties with their mental wellbeing.

You can access advice, guidance and signposting to local services by calling the Getting Help Line on 0161 464 3679. Find out more about other mental wellbeing support.











Could you help us get important Covid-19 information out to people in Bury?

The Bury Community Champions scheme was created so we could get important news about Covid-19 developments out to people quickly, and in the best format for them.

We're looking to recruit more Champions to join the dozens of people across the borough who have already signed up to the scheme, and help our public health team to co-produce and send out information like bulletins, leaflets, videos and assets for social media, some of which could be adapted for different needs, e.g. in different languages.

As the latest developments with new variants have shown, getting the word out to our communities so that people can take action for themselves and their families is more important than ever.

Find out more about becoming a Community Champion.

Next update due Friday 9 July, 2021. Find up-to-date information at bury.gov.uk/coronavirus









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