

Latest Covid-19 advice for the borough of Bury - 23 July, 2021

Let's act carefully as we take the next step

England has now moved to step 4 of the roadmap with most legal restrictions being lifted.

However, while cases are high and rising, everybody needs to continue to act carefully and remain cautious. This is why the following key protections will be kept in place:

- [testing when you have symptoms](#) and targeted [asymptomatic testing](#) in education, high risk workplaces and to help people manage their personal risk
- [isolating](#) when positive or when contacted by NHS Test and Trace
- border quarantine: for all arriving from red list countries and for those people not fully vaccinated arriving from amber list countries
- cautious guidance for individuals, businesses and the vulnerable whilst prevalence is high including:
 - whilst Government is no longer instructing people to work from home if they can, Government would expect and recommend a gradual return over the summer
 - Government expects and recommends that people wear face coverings in crowded areas such as public transport;
 - being outside or letting fresh air in
 - minimising the number, proximity and duration of social contacts.
- encouraging and supporting businesses and large events to use the NHS Covid Pass in high risk settings. The Government will work with organisations where people are likely to be in close proximity to others outside their household to encourage the use of this. If sufficient measures are not taken to limit infection, the Government will consider mandating certification in certain venues at a later date.

Vaccination campaign continues

Everyone in Bury who has not yet had their first dose Covid-19 vaccination is being urged to come forward to receive it.

They are also being reminded they should receive their second vaccination when it is due. You usually have the second dose eight to 12 weeks after the first dose.

Research has shown the vaccines help:

- reduce your risk of getting seriously ill or dying from Covid -19
- reduce your risk of catching or spreading Covid -19
- protect against Covid -19 variants

The first dose should give you some protection from 3 or 4 weeks after you've had it. But you need two doses for stronger and longer-lasting protection.

Young people are a key target audience for the vaccine in Bury and the council this week released a film to encourage take-up. In it young people who had received the vaccine shared their reasons for getting it done. [Watch the film on the council's YouTube channel.](#)

The current list of clinics is at www.bury.gov.uk/coronavirus-vaccine. This coming weekend's walk-in clinics (you can also book) are:

Friday 23 July

Ramsbottom Civic Hall, Market Street. 8.30am to 6.30pm. Pfizer first dose and second dose.

Saturday 24 July

Mobile Vaccination Unit, Foundry Street car park, Bury (near to Matalan). 11am to 3pm. Pfizer first dose and second dose (Walk-in only)

Ramsbottom Civic Hall, Market Street. 8.30am to 1pm. Pfizer first dose and second dose.

Sunday 25 July

Ramsbottom Civic Hall, Market Street. 8.30am to 1pm. Pfizer first dose and second dose.

Wednesday 28 July

Prestwich Walk-in Centre, Fairfax Road. 8am to 1pm. AstraZeneca second dose.

Friday 30 July

Ramsbottom Civic Hall, Market Street. 8.30am to 6.30pm. Pfizer first dose and second dose.

Saturday 31 July

Ramsbottom Civic Hall, Market Street. 8.30am to 1pm. Pfizer first dose and second dose.

Sunday 1 August

Elizabethan Suite, Knowsley Street, Bury. 8.30am to 6pm. Pfizer first dose and second dose.

If you'd prefer to book an appointment at one of our local clinics you can do so at www.covid.nhsbookings.com/gmpcn

Every weekday

Fairfield General Hospital operates a walk-in, no-appointment needed clinic from Monday to Friday each week, offering the Pfizer vaccine for first and second doses.

- 8.30am to 5.30pm (Mondays, Tuesdays, Wednesdays and Fridays)
- 1pm to 8pm (Thursdays)

Fairfield General Hospital (Education Centre), Rochdale Old Road, Bury, BL9 7TD.

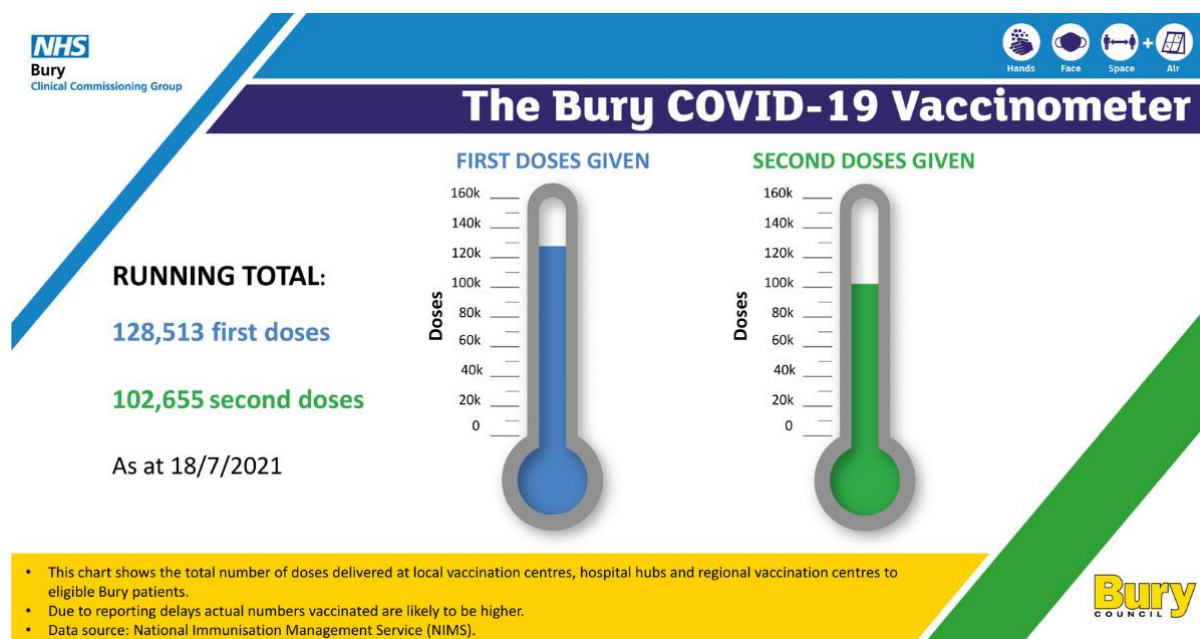
There is limited free vaccination hub parking available opposite the Education Centre entrance.

If you would prefer to book for this clinic you can now do so through the national booking service, or alternatively, call 0161 778 2104.

Access the [NHS National Booking Service](#) or call 119.

Total vaccinations up to 231,000

A total of 128,513 people registered with a Bury GP have now had their first Covid jab and 102,655 residents have received their second dose – bringing the total number up to 231,168



Case rate continues to rise

After a period with no increases, the number of new cases of Covid-19 in Bury has risen since last week. The weekly rate of new cases in Bury in the week up to 17 July was 595.8 per 100,000. This gave Bury the third lowest rate of new cases in Greater Manchester. The number of people in local hospitals with Covid-19 is also increasing. However, there were no deaths registered in Bury with Covid-19 on the death certificate.

7-day case figures:

Week ending 17 July: infection rate per 100,000 – 595.8 (1138 new cases).

Week ending 10 July: infection rate per 100,000 – 402.6 (769 new cases).

Week ending 3 July: infection rate per 100,000 – 403.2 (770 new cases).

Week ending 26 June: infection rate per 100,000 – 361.8 (691 new cases).

It's best to test!

Testing for coronavirus, whether you have symptoms or not, remains one of our best defences against the spread of the disease.

In Bury we have multiple options available to people to access both LFT (Lateral Flow Tests) for people without symptoms and PCR tests for people with symptoms, or those asked to get tested, when they need them.

Rapid LFT tests

An estimated 1 in 3 people who have the virus don't know that they do, so they could unknowingly be passing it on to their loved ones or work colleagues.

Regular rapid testing, twice a week, helps to pick up cases that might otherwise not have been discovered. With this knowledge we can break the chain of transmission, helping us to protect people around us and safely get back to the things we enjoy and a more normal way of life.

The rapid LFT test takes approximately five minutes to complete and the result is available in around an hour if you are having an assisted test, or 30 minutes if you are taking the test yourself at home.

LFT tests are available for collection from testing sites at Waterfold Business Park and from the Mosses Centre by appointment only. You can also book an assisted test at Waterfold.

Home testing kits can also be collected from local pharmacies, or home delivered if ordered on the gov.uk website.

Full details on LFT testing options and booking for assisted tests are available [on the council's website](#).

If you have a positive result on an LFT test

Anyone who has a positive test result should self-isolate and will be required to take a follow-up PCR test within two days to confirm the result, even if they don't have symptoms. This is also important to help track any variants of concern.

Even if you have a negative result, it's still vital to continue to follow the guidance around hands, face,

space and air to avoid catching coronavirus.

PCR testing for people with Covid-19 symptoms

If you have any of the three most common symptoms of coronavirus - a high temperature, a new continuous cough, or a loss or change to your sense of smell or taste - we urge you to get tested to protect yourself and the people around you. Please get tested within the first 3 to 5 days of symptoms.

A range of PCR testing options are available right across the borough:

- No appointment needed at Bury's walk-through testing centre, open 10am - 3pm, Monday – Friday (excluding bank holidays) at Chesham Fold, 95 Chesham Fold Road, Bury BL9 6JZ.
- By appointment 8am - 8pm, with some locations open seven days a week, at Department for Health & Social Care testing centres located at:
 - The former Radcliffe Pool car park, Blackburn Street, Radcliffe
 - Whitefield Library, Pinfold Lane, Whitefield
 - Longfield Centre car park (via Rectory Lane), Prestwich
 - Great Eaves Road test site, Great Eaves Road, Ramsbottom
- By appointment at The Mosses Centre, Cecil Street, Bury
- Bury's drive-through testing site at Waterfold Business Park is available by appointment only.

Access the [latest information](#) about testing, how to book and availability or call 0161 253 5515.

Stop the spread - self-isolate

If you're told to self-isolate, it's important to do so immediately and for the full 10 days. You shouldn't leave home for any reason during this time (including the period of awaiting a Covid-19 test result).

Keeping yourself away from other people when you could be infectious is the most effective way of stopping coronavirus from spreading.

You're not alone if you find doing this hard. Planning ahead, even before you have been told to self-isolate can make things easier; for example, think about how you would get necessities like food and medication in the event of the household having to self-isolate.

Bury's Community Hubs are still here for anyone who needs support because they have no one to turn to for support, including those who are self-isolating.

To access essential help, call 0161 253 5353, 9am to 5pm, Monday to Friday or text 07860 022876 (messages responded to by the next working day).

More information is [on the community hubs page of our website](#).

Helping people through the toughest times

As the coronavirus pandemic continues, life has changed for all of us and it's natural that this may cause you to feel worried or anxious, lonely or frustrated. If you feel you need some extra support, Bury's Getting Help Line is a confidential telephone service run by the voluntary sector for people of all ages who are experiencing difficulties with their mental wellbeing.

You can access advice, guidance and signposting to local services by calling the Getting Help Line on 0161 464 3679. [Find out more](#) about other mental wellbeing support.



Could you help us get important Covid-19 information out to people in Bury?

The Bury Community Champions scheme was created so we could get important news about Covid-19 developments out to people quickly, and in the best format for them.

We're looking to recruit more Champions to join the dozens of people across the borough who have already signed up to the scheme, and help our public health team to co-produce and send out information like bulletins, leaflets, videos and assets for social media, some of which could be adapted for different needs, e.g. in different languages.

As the latest developments with new variants have shown, getting the word out to our communities so that people can take action for themselves and their families is more important than ever.

[Find out more](#) about becoming a Community Champion.

Next update due Friday 30 July, 2021.

Find up-to-date information at bury.gov.uk/coronavirus