

- Gain a better understanding of how to communicate
- Be better equipped to deal with difficult groups
- Gain a gateway qualification onto the Level 3 counselling skills course
- Become more self-aware and gain insight into emotional intelligence
- Develop interview and time management techniques

This course is free to anyone in receipt of benefits

## Course Details:

12 weeks - 1 day per week - 10am to 4pm Bury - Wednesdays Starting 24<sup>th</sup> Sep 2025

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Bury Masonic Hall 25 Parson's Lane Bury BL9 0LY

For more information, please contact the Academy:

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effectively

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