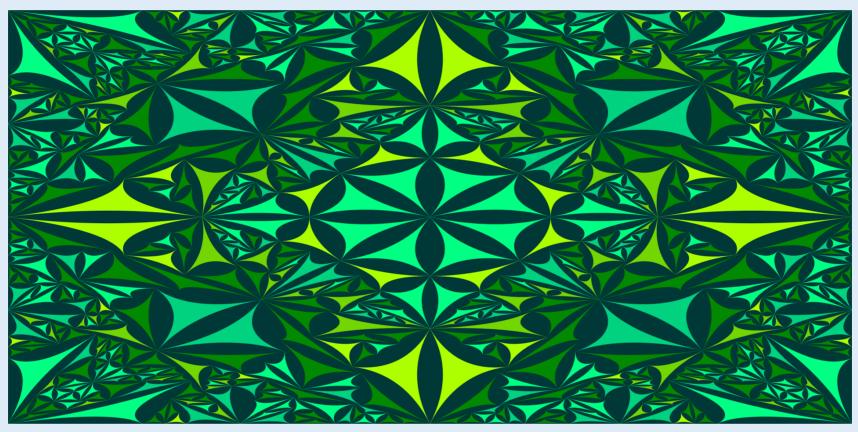


- @ achieve.referrals@gmmh.nhs.uk
- www.gmmh.nhs.uk/achieve



## **Achieve Bury Community Development**

## Kaleidoscope



Kaleidoscope is a community group for anyone who has an interest in recovery and wellbeing, covering topics including personal development, health and wellness, with useful tips and ways of thinking. You don't have to be an Achieve service user to attend, the group is also open to families, carers and anyone in the community who is interested in recovery and wellbeing.

## **Every Wednesday at 3pm** at Humphrey House, Angouleme Way, BL9 0EQ

For more details, please contact Achieve Bury Community Support Worker Dan Nolan on dan.nolan@gmmh.nhs.uk

Achieve Community Development offers operate on a voluntary drop-in basis and are not part of structured treatment interventions. Delivery takes an asset-based approach, aiming to promote self-efficacy and encourage contribution.