



Achieve BBST

Addictions Division

✉ achieve.referrals@gmmh.nhs.uk

🌐 www.gmmh.nhs.uk/achieve



Greater Manchester
Mental Health
NHS Foundation Trust

Achieve Bury Community Development

Families and Carers Check-In and Chat



Are you affected by someone else's drug or alcohol use? Whether it is a family member, partner or friend, our Check-In and Chat group is here to help. Come and take a break, spend time with people who understand and find out about the support that is available to you. We meet in Bury town centre, after work on the first Monday of every month.

Monday 3 October, 5.30pm

Monday 7 November, 5.30pm

Monday 5 December, 5.30pm

**at Achieve Bury, Humphrey House,
Angouleme Way, BL9 0EQ**

For more details, please contact Achieve Bury Community Support Worker Dan Nolan on dan.nolan@gmmh.nhs.uk