

Beacon Service Calendar of Events and Activities

The Beacon Service at Bury VCFA provide a social prescribing service offering a totally person centred approach to anyone aged over 18 and registered with a Bury GP. We recognise that everyone is unique and has their own individual needs and make sure the support you receive is completely personal to you helping to improve your health and wellbeing.

Our calendar of events and activities gives you a small insight into some of the amazing range of events, activities and groups available within the borough of Bury.

If you would like support accessing these groups or information about other groups locally that you would be interested in please contact us on 0161 518 5550 or email beaconservice@buryvcfa.org.uk

If you would like information about your group, organisation or service included or to receive the calendar by email please contact beaconservice@buryvcfa.org.uk

Events			
Bury Town of Culture Open Day	Bury Town Centre	Saturday 31 July 2021	Bury will be hosting a Town of Culture Open Day with a wide range of cultural venues taking part. All events are FREE and there will be exclusive walks, talks, tours and live music taking place throughout the day. For more information visit the event section of this page or visit http://www.visitbury.com/..../bury-town-of-culture-open-day for a list of what is taking place where.
Post Eid al Adha Picnic	St Marys Park, Prestwich – picnic area next to the tennis courts and car park. Please take own food and folding seats/blanket to sit on	Sunday 1 August 2021 at 12:30	https://www.facebook.com/events/st-marys-park-prestwich/post-eid-al-adha-picnic/1219782301814622/
The Whitefield Festival – Family Festival	Sedgeley Park RUFC, Park Lane, Whitefield, M45 7DZ	Friday 13, Saturday 14, Sunday 15 August	Book your tickets https://www.whitefieldfestival.co.uk/ £5 adult £12 family

Prestwich Clough Day	St Marys Flower Park and The Church Inn	Sunday 22 August 2021 12 noon – 5pm	Entertainment for the whole family at this annual event.
Happy Festival	Burrs Country Park	Saturday 4/ Sunday 5 September	For updates follow https://happyfestival.org/
Bury Pride Rainbow Train	East Lancs Railway	Sunday 26 September 2021	Get your ticket now and reserve your place: www.burypride.co.uk/the-rainbow-train

Groups and Activities

St Marys Flower Park – helping restore the flower park	St Marys Flower Park, Prestwich	Every Wednesday and Saturday 10:30 – 12 noon	Contact Amanda on 0161 773 7910
St Marys Churchyard Action Group – looking after and improving the local churchyard	St Marys Churchyard, St Marys Church, Church Lane, Prestwich	Every Tuesday 9:30am and every 2 nd Saturday of the month 9:30am	Contact Bill Cottam on 0161 798 6489
Coffee and Craft	Church Lane Community Centre, Church Lane, Prestwich	Every Tuesday 10am – 12 noon	Please advise the centre if you are attending
Incredible Edible Prestwich & District - Help to grow fruit, herbs and vegetables at one of our many projects. It's free and there's no experience needed	Various locations in Prestwich, Whitefield and Radcliffe	See events page on www.iepad.co.uk	Contact iepad.volunteers@gmail.com
Pilates Group	The Phoenix Centre, St Mary's Park, St Mary's Road, Prestwich M25 1GG	2 sessions – Thursday mornings Early Bird Pilates 9:45am – 10:45 am Pilates - 11am – 12 noon	Contact Lorraine Platt at North Manchester Fitness https://www.facebook.com/northmanchesterfitness/

Creative Living Centre - ,	Creative Living Centre 1A Rectory Ln Prestwich M25 1BP	Offer a range of therapeutic, creative and social activities, including music therapy, counselling, yoga, mindfulness, art/crafts and a singing group	Please ring 0161 696 7501 to make a new member appointment (membership is free)
History Detected - Metal detecting group		Various	For more information, phone: Gary 0161 7731059 or 07562 366411
Astronomy Group	Meet at the Bowling Club in Heaton Park	Every Thursday 7pm – 9pm during the Winter months	Message the group on Facebook – Heaton Park Astronomy Group
Prestwich Plodders	St Margaret's Road Entrance - gate 15, Heaton Park, M25 2GT. Free parking (after 5pm), we gather at the front of the car park opposite the bowling green building come rain or shine	7pm Wed evenings	https://www.facebook.com/groups/393375504353110
The Crown Veterans Breakfast Club - £4.00 – for veterans and their families	The Mosses Centre, Cecil St, Bury BL9 0SB	Every Friday 9:30am – 11:30am	https://www.facebook.com/groups/494546227771123
The BAME project	Newtons, Bury	Offer a range of activities for local ladies to get involved in	https://www.facebook.com/TheBAMEproject
Veterans Hub Café Breakfast	Evolve Military College, 35 Walmersley	Every Wednesday and Friday 9:30am – 12noon	https://www.facebook.com/groups/247732292554417

	Road, Bury BL9 5AE		
Rammy Men – weekly activities			For more information have a look at the website www.rammymen.org.uk or follow them on Facebook
MEN'S wellbeing group - One Step Bury	Vibe Personal Training Studios Albert Works, Brook St, Bury BL9 6AH		£2 suggested donation but no worries if you can't afford it. To book a slot Text: 07745 356796 email: onestepbury@gmail.com
The Big Fandango	34 Bolton Street, Bury	The Big Fandango is a community arts centre for anyone to get involved in arts and crafts based activities. We also offer a safe space for peer support groups. Our aim is to promote mental wellbeing through doing fun stuff!	For updates see The Big Fandango Facebook
The Sunnybank Project		The Sunnywood Project offer a range of outdoor activities for people of all ages	https://www.thesunnywoodproject.co.uk/ https://www.facebook.com/thesunnywoodproject

Supporting Sisters	Supporting sisters, is an organisation that provides women and men a platform to become socially active, building on community cohesion, diversity, health and wellbeing.	Activities are held weekly include coffee mornings, gardening, walking.	https://www.facebook.com/SupportingSist1
Drum 4 Fun For adults of all abilities	St Bernadette's Social Centre 5 Selby Ave, Whitefield, Manchester M45 8UT	Friday: 10:00-11:00 17:00-18:00	Cath Fleming 077905 38844
Zumba	Hollins Community Centre, Whitefield and Sunnybank Community Centre, Whitefield	Contact for more details and to book	Call Dianne: 07941 382 740 Zumbainternational.com https://www.facebook.com/zumbainternational
Trust House Whitefield	Trust House Whitefield is a community centre, open to all, offering free support, advice and guidance to those in need.	Range of activities for everyone	https://www.facebook.com/trusthousewhitefield.org
BSV Fitness	Chair based and later life exercise sessions	Contact Bev for more information about sessions which are held in Whitefield, Prestwich and Radcliffe	https://www.facebook.com/BSVFitness 07547 862749
Radcliffe Litter Pickers	Friendly group of volunteers who get together and litter pick the areas where we live, public areas, the countryside and the canal.	Join the Facebook group for details of their events	https://www.facebook.com/groups/2839975599560782/

Little Britain Anglers	Little Britain Angler's has been set up by a group of Anglers with a common aim to improve and protect the River Irwell and its surrounding environment and waterways and canals.		https://www.littlebritainanglers.club/
The Tottington Centre, Market Street, Tottington, Bury BL8 3LL		Currently open for room hire, borrowing books and computer use and the tea room is open from 2 August	https://www.tottingtoncentre.co.uk/
Bury Croquet Club		For details see the website	http://www.burycroquet.com